

## **COMPANY KIT**

In many countries it's mandatory for your organisation to have a first-aid kit on the premises. Below, you can find a list of items that can be included in it.

- □ Absorbent compress dressings
- □ Adhesive tape
- □ Elastic wrap bandages
- □ Bandage strips and "butterfly" bandages in assorted sizes
- □ Gel blister plasters
- □ Compound tincture of benzoin (bandage adhesive)
- □ Super glue
- □ Rubber tourniquet or 16 French catheter
- □ Non-stick sterile bandages and roller gauze in assorted sizes
- □ Eye shield or pad
- □ Large triangular bandage (may be used as a sling)
- □ Aluminium finger splint
- □ Instant cold packs
- □ Cotton balls and cotton-tipped swabs
- □ Disposable no latex examination gloves, several pairs
- 🗆 Duct tape
- □ Petroleum jelly or other lubricant
- □ Plastic bags, assorted sizes
- □ Safety pins in assorted sizes
- □ Scissors and tweezers
- 🗆 Hand sanitizer
- □ Antibiotic ointment
- □ Antiseptic solution and towelettes
- □ Eyewash solution
- □ Thermometer (preferably digital)
- □ Turkey baster or other bulb suction device for flushing wounds









- □ Sterile saline for irrigation, flushing
- □ Breathing barrier (surgical mask)
- □ Syringe, medicine cup or spoon
- □ First-aid manual
- □ Hydrogen peroxide to disinfect
- □ Alcohol-free cleansing wipes
- □ Skin rash cream (hydrocortisone, calendula)
- Antihistamine tablets
- □ Insect-sting relief treatment
- □ Painkillers (aspirin, paracetamol, ibuprofen)
- □ Pocket mask for CPR
- □ Emergency blanket
- □ Finger splint, SAM (structural aluminium malleable) splint
- □ Prescription medications
- □ Headlamp or flashlight
- □ Notepad and permanent marker
- 🗆 Soap

For More Info:

## **ACT-CREST.EU**



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